



 **SUPERHERORUN**
JULY 4 2015

USACares
Assisting Military Families in Crisis

562 N Dixie Blvd., Suite 3
Radcliff, KY 40160
(800) 773-0387
www.usacares.org

USA Cares has responded to over 60,000 requests for assistance with over \$11 million in indirect -support grants. USA Cares is a national 501(c)(3) non-profit, charitable organization based in Kentucky, founded in 2003 and registered with the IRS. © 2014 USA Cares, Inc. All rights reserved.



Challenge all your Superhero friends to see who is the fastest in the city. The 1 mile will go first, then we'll set up for the 5K. You can run both if you choose! We encourage everyone to dress up as heroes and show us what powers you possess! All runners will receive a goodie-bag. The race is a chip timed race, with water stations along the route. Most of all, you will receive the satisfaction of knowing your race fee goes to help the military families facing financial hardship. All fitness levels are welcome to walk or run! This race will jump start your patriotic heart for the 4th of July! For Safety reasons, strollers and pets will be prohibited from this event.

ONLINE REGISTRATION

Register online via www.runsignup.com by searching for USA Cares Superhero 1Mile & 5K Races

Online Registration Closing Date: Wednesday, July 1, 2015 @ 11:59 PM (EDT)

Pricing:

1 Mile Only Price (Cape included but not guaranteed for late registrations):

\$25.00 - Now through Sunday, June 28 @ 11:59 PM (EDT)

\$35.00 - Monday, June 29 through Race day

5K Only Price (Cape included but not guaranteed for late registrations):

\$25.00 - Now through Sunday, June 28 @ 11:59 PM (EDT)

\$35.00 (Late Registration) - Monday, June 29 through Race day

1 Mile and 5K (Cape and Tee included but not guaranteed for late registrations):

\$40.00 - Now through Sunday, June 28 @ 11:59 PM (EDT)

\$50.00 (Late Registration) - Monday, June 29 through Race day

Awards and recognition

Overall male and female will be awarded in the 1 Mile and 5K. Top three spots will be recognized in each age group.

Awards will be given for the following age groups (male and female):

9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over.

Event Schedule

Friday, July 3 Packet Pickup from 4:00 - 7:00 PM Running Soles (Subject to change)

Saturday, July 4 Race Day

*6:00 AM Packet Pickup/Registration

*6:45 AM - Registration closes

*6:45 AM - Racers to Line Up

*7:00 AM 1 Mile race begins

*7:30 AM 5K race begins

*Prizes will be awarded 9:00 - 10:00 AM

For more information, please contact

Jescanta James 270-872-4422 at

jescanta@usacares.org

Packet Pick Up

Packet Pickup is from 4:00 PM to 7:00 PM

on Friday, July 3 at Running Soles (2410

Ring Road #100, Elizabethtown, KY 42701

270- 737-0294) Subject to change.

Day-of-race packet pickup and registration begins at 6:00 am on race day, July 4.

USA Cares Super Hero Run REGISTRATION FORM

First Name _____ Last Name _____

Age (on race day) _____ Gender: M or F

Street Address _____

City _____ State _____ ZIP _____

Phone (____) - ____ - ____ Email Address _____

How did you hear about this event? _____

Which Race are you entering?

1 Mile Only:

Regular - \$25.00

Late Registration - \$35.00

5K Only:

Regular - \$25.00

Late Registration - \$35.00

1 Mile and 5K:

Regular - \$40.00

Late Registration - \$50.00

Circle T-shirt Size if you are participating in both races only. Shirts are Dry-Fit.

Men's Size X-Small Small Medium Large X-Large 2X (add \$2) 3X (add \$2)

Women's Size X-Small Small Medium Large X-Large

Please note: Shirts are not guaranteed for late registrations.

Release of liability:

I do hereby waive release of any and all claims against the USA Cares organization, all events and sponsors and any volunteer(s) or officials of these organizations from any claim of injury (including death) that I may incur as a result of my participation in the event. I further hereby certify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in any USA Cares event, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary.

Please sign below if you agree to the above waiver:

Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

All checks made payable to USA Cares. Mail or drop off completed registration form to:

USA Cares, Inc.

Development Department

562 B. North Dixie Blvd. Suite 3

Radcliff, KY 40160

